

## Who are we?

**CLASP** stands for 'Caring, Listening And Supporting Partnership' and was set up in 2005. Self advocacy is when you speak up for yourself about the things that are important to you. CLASP helps people with learning disabilities to do this.

We are run by and run for people with learning disabilities. We employ people with learning disabilities too, and over half of our Board of Trustees have a learning disability.



## Wokingham Learning Disability Partnership Board

We are proud to run the Learning Disability Partnership Board (LDPB) which is a network for the learning disability community. We all work together to look at opportunities to make things better for people with learning disabilities and their families in the borough.



## Contact Us

**CLASP**

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**Twitter:** @CLASPWokingham



**amazon**smile Please consider nominating CLASP Wokingham as your chosen charity when buying from Amazon. It costs you nothing but benefits CLASP hugely: <https://smile.amazon.co.uk>

## What do our members say about CLASP?



I have fun & have made good friends

We give people a voice!

CLASP has helped me to get involved in the community

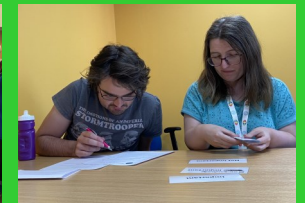
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A charity supporting adults with learning disabilities to speak up

**CLASP** is a self advocacy charity for people with learning disabilities in the Wokingham Borough



We support people with learning disabilities to speak up and make a positive difference in our community

## What do we do?

### Choir

Our enthusiastic and accessible choir is guaranteed to raise everyone's spirits! We practice on a Friday lunchtime with SingHealthy and also perform around the town. Everyone is welcome and you don't have to be a member to join in.



### Listen To Us

This is a small team of CLASP members who deliver learning disability awareness training to schools, groups & businesses. Our team recently won a Queen's Award!



### Other Activities

All sessions are inclusive & accessible:

- Happy & Healthy Club
- Gardening club
- Walking & cycling
- Evening social events

Recently we went climbing & tried archery



## What do we do?

### Coffee Shop

Our Coffee Shop is a friendly place to meet CLASP friends and staff. Our regular sessions include **Book Corner** and **Dancing To Music**. We have events and guest visitors, and you can find out what's going on in the area for people with learning disabilities. Also, if you have been a victim of hate or mate crime, CLASP staff will support you to make a report to the police and help you take the next steps to safety.



**When?** Tuesdays, 10am - 12noon

**Where?** Bradbury Centre  
Rose Street,  
Wokingham



If you're coming along to the Coffee Shop for the first time, let us know and we can be there to greet you.

## What do we do?

### Take Notice

This group is led **by** members **for** members. They work on projects and campaigns to make things better for people with learning disabilities. The sessions are friendly & fun. Everyone has the chance to speak up. Come along and be the voice that makes a positive change in our community!



### Independence Support

Some adults with learning disabilities don't get any statutory support from the council - this means they've been assessed as not needing any (or just a little) help. CLASP offers them 1-2-1 support so they can make better, informed choices and be independent. CLASP also signposts people to services when they need them - things like health, housing, welfare, benefits & general wellbeing.

